



Eastwood Middle School  
 "Home of the Eagles"  
 Eastwood M.S. Website

# Eagle News

December 2017 Edition

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## DATES TO REMEMBER!

Intermediate Band, Orchestra, & Choir Concert

Dec 5 @ 7pm

Espressivo Ensembles @ the Arts Garden

Dec 12 @ 2pm

EW String Ensemble Performance

Dec 14 @ 11:30am

8th Grade Dance

Dec 15 @ 7pm

Advanced Band, Orchestra, & Choir Concert

Dec 19 @ 7pm

Winter Break -  
 no school

Dec 22 - Jan 5

Vision/Hearing Screenings - 7 & 8 only  
 Jan 16 - Jan 18

Dr. Milleman @ EW -  
 School Hours &  
 Rebalance Seminar  
 Jan 22 @ 6:30pm

# Happy December, Eagles!



© P.N.T.S.

# From the Principal's Desk

EW Families,

This past month has been an exciting one at Eastwood. Our beginning performing arts concerts were a huge success and thanks to those families who participated in our Title I Family Night as we hope you enjoyed the meal and learning activities! We are also excited for our winter sports school spirit program called the ***Screaming Eagles*** led by our very own, Ms. McCoy. Students participating in this program come to home games to support our basketball teams, engage in some half-time activities, and simply have fun being an Eagle. We hope to see you at some of the events in December as we have more concerts, games, and our 8<sup>th</sup> Grade Dance on the horizon.

I know that with the rushes of the holiday season it is easy to get sidetracked on what really matters during this time of year. I hope that you and your middle-school child find time to get away from the rush and connect or re-connect. Every day our Eastwood Staff receives the privilege of building relationships with all types of awesome students and it is my wish that you and your child turn the technology off or put it away and you make intentional efforts to continue to cultivate close relationships with them. I know our students desire and long for solid peer relationships at this age; however, I also know their confidence and security originates from their foundational relationships with you. Thank you for being such supportive partners and enjoy your winter vacation.

Best regards,  
Dr. Taylor

You Are Invited  
to the  
2017 8<sup>th</sup> Grade Dance

Winter  
Wonderland

When: Friday December 15, 2017

Where: Eastwood LGI

Time: 7:00pm-9:00pm

Price: \$7.00

Tickets will be pre-sold on December 14 & 15  
during lunch or you can buy them at the door.

Eastwood 8<sup>th</sup> graders ONLY, please.  
Student ID may be requested.

*Drinks and snacks will be served.*

**Dress to Impress! School Dress Code Applies**



# COUNSELOR'S CORNER

## 21<sup>st</sup> Century Scholars

It's Never too Early to start planning for college...  
The Twenty-first Century Scholars Program can help!

The 21<sup>st</sup> Century Scholars program provides income-eligible students the opportunity to earn a scholarship that covers up to four years of tuition and regularly assessed fees (such as technology fees) at approved Indiana colleges. To see the list of colleges, please visit [Scholars.IN.gov/eligiblecolleges](http://Scholars.IN.gov/eligiblecolleges)

21<sup>st</sup> Century Scholars also supports eligible students and parents with tools they need to prepare for college, graduate on time and start toward a successful career path. The scholarship is awarded on an annual basis. It does not cover the cost of books or room and board, and the funds are applied after any other student financial aid from the state is awarded.

Students that enroll in the program must meet the following requirements and take the Scholar Pledges in high school and college. Students must complete the Scholar Success Program which includes activities at each grade level in high school to help students plan, prepare and pay for college. Students must graduate from a state-accredited high school with a minimum of a Core 40 diploma and a GPA of at least 2.5 on a 4.0 scale. Students must also file for FAFSA in high school and not use illegal drugs, commit a crime or delinquent act, or consume alcohol before reaching the legal drinking age. To learn more about 21<sup>st</sup> Century Scholars please visit the website at [www.scholars.in.gov](http://www.scholars.in.gov)

Don't Delay! Enroll Online TODAY at

[www.scholars.in.gov](http://www.scholars.in.gov)

# School Based Services



## How to get help for my child:

Contact the administrator at your child's school!

Growing up in today's fast-paced society is a challenge no matter one's age. Children may experience emotional and behavioral problems in trying to deal with issues at home or school.

### Reasons to seek help for my child:

- **Mood disturbances (changes in mood/behavior)**
- **Attention deficit / hyperactivity**
- **Disruptive behavior problems**
- **Anxiety**
- **Family conflict**
- **Substance use**
- **Stress or difficulty adjusting**
- **Grief or loss**
- **Suicidal thoughts**
- **Disturbance in eating or sleeping**
- **Social/peer challenges**

***Our Mission:*** To strengthen individuals and families by providing strength-based, family-centered, collaborative care in homes, schools, and communities.

***Our Philosophy:*** To use a trauma informed approach to enhance the resiliency of our students and families. Family sessions can teach you skills to deepen family connections and get through stressful times. We believe families and schools want all children to be successful!

### Services provided:

- ◇ Assessment
- ◇ Family Therapy
- ◇ Individual Therapy
- ◇ Group Therapy
- ◇ Parenting Support
- ◇ Skills Training
- ◇ Crisis Support
- ◇ Medication Management
- ◇ Care Coordination

### **COMMUNITY HEALTH NETWORK GALLAHUE**

**1525 N. Ritter Ave**

**Indianapolis IN 46219**

**317-355-2560**

**[www.ecommunity.com/behavioralhealth](http://www.ecommunity.com/behavioralhealth)**

**[www.HaveHope.com](http://www.HaveHope.com)**

**Text 'HELPNOW' to 20121**



# Eagle Express!

## SKYWARD

Need assistance accessing Skyward?  
Having trouble logging in?

If so, please email:  
[skyward@msdwt.k12.in.us](mailto:skyward@msdwt.k12.in.us)  
or visit [sites.msdwt.k12.in.us/skyward/  
category/parents/](http://sites.msdwt.k12.in.us/skyward/category/parents/) for additional info!

Skyward can be used to access attendance,  
grades, assignments,  
report cards, and more.



Eastwood's Lost and Found is purged and  
donated at the end of every midterm and  
quarter! Please tell your child to be sure to  
check the bins before this deadline!



## SCHOOL HOURS REMINDER!

Parents, please note that Eastwood's doors are open to students between the hours of **9:10am - 4:20pm**. Any time before or after these times, your child will need to be under adult supervision at all times.

We ask that students are picked up in a timely manner at the completion of school and/or evening activities.

EWMS is not able to provide supervision prior to 9:10AM due to other morning obligations. Parents/Guardians are encouraged to use the bus system when at all possible. When dropping off your child, please do so as close to 9:00am as possible to reduce the number of unaccompanied minors outside the school.

# Eagles in the Evening

## Academic Pursuit

- Students answer academic and current events questions in quiz show format!
- Wednesdays 4:30-5:30, practices or meets against other teams (home and away)
- Call outs for the team in the fall
- No costs
- County tournament in February

Come join in the fun and learn something new!

## YOGA CLUB



Eastwood has partnered with Indy Yoga Movement to provide an hour of free yoga to all students during Wednesday Morning Student Support. Students will need to get a pass from Ms. Darling, Mr. Ahlfeld, Ms. Grissom or Mrs. Clippinger. The class is taught by a certified yoga instructor and will help improve student's posture, flexibility, balance, and give them breathing techniques to keep them calm under stress. The dates of Yoga Club this Spring semester are March 8, March 22, April 12, April 26, and May 10.

## **Eastwood Equity Alliance**

We are an after school group dedicated to making Eastwood an accepting and safe school for all students. We meet on Wednesdays right after school until 5.45. It doesn't cost anything and you need to come willing to live the Learner Profile attributes.

## **EASTWOOD ROBOTICS**

We have two VEX Robotics teams at Eastwood. Calendar to be determined. We try to go to three competitions a year. The students will have opportunities to design and build a robot that will work with an alliance to score the most points in a minute. They will also have experiences explaining the engineering process in a group interview at the completion. Next year will be Eastwood fourth year participating in the VEX robotic program. See Mr. Rosemeyer for more!



*Exploring the World of Science*

Eastwood has a long tradition of participating in Science Olympiad. A team of 15 students have the opportunity to compete demonstrating what they have built or what they have studied. The team will participate in 23 events at the regional at Butler University. If we do well enough then the team advances to the State competitions. The team starts practices in November, usually one day a week. After holiday break the team practice three days a week. We are flexible to work around other experiences that may conflict with the schedule.

**See Mr. Rosemeyer for more information!**

# Eagles in the Evening



## JAZZ BAND

Jazz band is open to 6, 7, and 8th grade students who read music and want to have fun learning a new style of music. You do not have to be in band to participate! We rehearse on Student Support Wednesdays on the first and third Wednesday of each month. We have several performances scheduled throughout the year: Eastwood Open House; Art, Jazz, and Poetry Night; and the Spring Band Finale Concert. Students must apply to be selected at the beginning of the school year. There is no cost to participate, and all music is provided by the Band Department.

## Maker Space

We make things, all kinds of things. We are techie and becky home ec-y! Some of the things we've done: sharpie mugs, bath fizzies, sugar crystals, slime, 3D printing, screen printing, sewing...if you can think it up, we can probably do it! Meets on Thursdays after school, sometimes there is a small fee to cover cost, but usually not. No qualifications except willingness to learn new cool stuff about just about everything!

For more information, please talk to Mrs. Merrill in the Media Center!

## Eagles Around The World Club

Eastwood offers students who are taking a Language Acquisition course in 6th, 7<sup>th</sup> or 8<sup>th</sup> grade the unique opportunity to join Eagles Around the World, a world language club. It started in 2000 and has become a success through the participation of Eastwood students, faculty, and staff. Eagles Around the World club members participate in activities related to the study of language and culture such as making masks for the Day of the Dead, celebrating Chinese New Year, fieldtrips to authentic cultural restaurants, and numerous other activities.

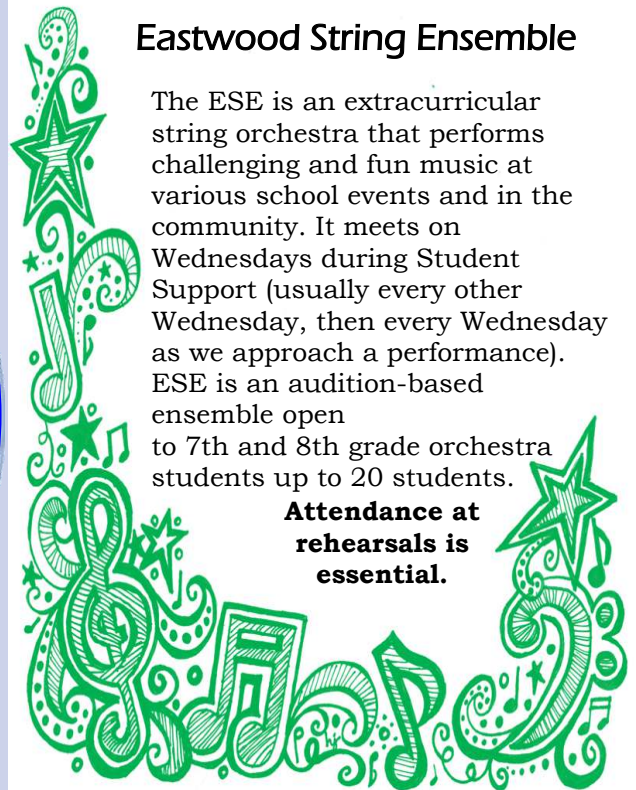
If you are interested in joining this group, just talk to any of our foreign language teachers!

We hope to see you there!

## Eastwood String Ensemble

The ESE is an extracurricular string orchestra that performs challenging and fun music at various school events and in the community. It meets on Wednesdays during Student Support (usually every other Wednesday, then every Wednesday as we approach a performance). ESE is an audition-based ensemble open to 7th and 8th grade orchestra students up to 20 students.

**Attendance at rehearsals is essential.**





# EASTWOOD ATHLETICS



## Meet James Tutin Athletic Director/ Assistant Principal

This past year, James began his seventh year at Eastwood Middle School as the new Athletic Director/Assistant Principal. Beginning his 4th year as Asst. Principal, he also taught 8th Grade IAS here at Eastwood previously. As a graduate of Purdue University, James has had a passion for educating students and guiding them on and off the field. As an avid historian, he has led numerous trips of students to our nation's capital. Additionally, James has spent a number of seasons coaching a variety of sports including baseball, basketball, track, and football. When not at Eastwood, you can find James spending time with his wife of 16 years, Kelly and their two sons, Carter (age 9) and Marshall (age 5).

Welcome Eastwood Families,  
Please be sure to visit our quarterly Eastwood Athletic Newsletter, by visiting:

<https://www.smore.com/r16z7>

We have various Athletic events happening this month. Please see the above newsletter for more info!

## Eastwood Sign Rental

Celebrate your child's graduation, birthday, or other accomplishments with an announcement on our new message board located in front corner of the school. All of the buses and cars drive by it every morning. For the low cost of \$20, you can recognize your child.

### **Rental Sign Information**

**STEP 1:** Rental Sign Requests should be emailed/submitted to James Tutin - [jtutin@msdwt.k12.in.us](mailto:jtutin@msdwt.k12.in.us). Your email should include the following information:

- Date you want message posted
- Nature of message (e.g., birthday, congrats, etc.)
- No more than four lines of text
- Planned method of payment (if check please include check #)

**STEP 2:** Payment of \$20 (cash or check) should be sent into school in an envelope marked ATHLETICS SIGN RENTAL. Please put your email address in the memo line.

**STEP 3:** Confirmation of your request will be sent via email and is based on the availability of the sign. Please note a 48 hour advance notice is required. Rental requests are filled on a first come/first serve basis. Reserve early to ensure that you are not disappointed.

# OFFICER'S BULLETIN

Well hello Parents, Students and Staff. How much does safety and security mean to YOU? As a parent myself I am always worried and concerned for my family and their safety.

This month I thought I would share with you some great safety tips for parents. And for the students who read this article just know how much your parent loves you.

## **SAFETY TIPS FOR PARENTS**

### **Talk to Your Children**

Keeping the lines of communication open with your children and teens is an important step to keeping involved in their schoolwork, friends, and activities. Communicating with your child does not have to be a game of 20 Questions—ask open-ended questions and use phrases such as "Tell me more" and "What do you think?" Phrases like these show your children that you are listening and that you want to hear more about their opinions, ideas, and how they view the world. Initiate important discussions with your children—about violence, smoking, drugs, sex, drinking, and death—even if the topics are difficult or embarrassing. Don't wait for your children or teens to come to you.

### **Set Clear Rules and Limits for Your Children**

Children need clearly defined rules and limits set for them so that they know what is expected of them and the consequences for not complying. When setting family rules and limits, be sure that children understand the purpose behind the rules and be consistent in enforcing them.

Discipline is more effective if children have been involved in establishing the rules and, oftentimes, in deciding the consequences. Work together to set limits for behavior at home and at school. Remember to be fair and flexible—as your children grow older, they become ready for expanded rights and changes in rules and limits. Parents also need to model appropriate and positive behaviors. When parents say one thing and do another, they lose credibility with their children. Show your children through your actions how to adhere to rules and regulations, be responsible, have empathy toward others, control anger, and manage stress.

### **Know the Warning Signs**

Knowing what's normal behavior for your son or daughter can help you recognize even small changes in behavior and give you an early warning that something is troubling your child. Sudden changes—from subtle to dramatic—should alert parents to potential problems. These could include withdrawal from friends, decline in grades, abruptly quitting sports or clubs the child had previously enjoyed, sleep disruptions, eating problems, evasiveness, lying, and chronic physical complaints (stomachache or headaches). Know your child well and know the early warning signs.

### **Don't Be Afraid to Parent; Know When to Intervene**

Parents need to step in and intervene when children exhibit behavior or attitudes that could potentially harm them or others. It's okay to be concerned when you notice warning signs in a child, and it's even more appropriate to do something about those concerns. Concerned parents should seek a diagnosis from a doctor, school counselor, or other mental health professional trained to assess young people. And you don't have to deal with problems alone—the most effective interventions have parent, school, and health professionals working together to provide ongoing monitoring and support.

### **Stay Involved in Your Child's School**

Show your children that you believe education is important and that you want your children to do their best in school by being involved in their education. Get to know your child's teachers and help them get to know you and your child. Communicate with your child's teachers throughout the school year, not just when problems arise. Stay informed of school events, class projects, and homework assignments. Attend all parent orientation activities and parent-teacher conferences. Volunteer to assist with school functions and join your local PTA. Help your children seek a balance between schoolwork and outside activities.

Parents also need to support school rules and goals. Find out about the school's policies for discipline and procedures for handling emergencies such as fire, evacuations, severe weather, power outages, injuries and illness, or other dangers that might face students at school. Know the procedure for contacting students during the day or for having adults visit the school building. Know the route your student will take to and from school and throughout the school building during the day. Staying involved in your child's school will help you feel more a part of your child's education.

### **Join Your PTA or a Violence Prevention Coalition**

All parents, students, school staff, and members of the community need to be a part of creating safe school environments for our children. Many PTAs and other school-based groups are working to identify the problems and causes of school violence and possible solutions for violence prevention.

When people work together for a common cause, great things can happen. According to the National Crime Prevention Council, the crime rate can decrease by as much as 30 percent when a violence prevention initiative is a communitywide effort. Find out what violence prevention programs or community groups are already working together in your area. Contact those that interest you the most and ask how you can join or support their efforts.

# Music Notes

CHOIR



BAND

ORCHESTRA

## BAND NOTES — Jennifer Amstutz

Congratulations to the beginning band students for an outstanding first concert! I received numerous compliments from staff, parents, and even other musicians on your strong performance. It's been a pleasure watching you all improve. Keep up the great work! - Mrs. Amstutz

Thank you to Mrs. Amstutz for her work with the band students while Mrs. VanderHaeghen was on maternity leave. Your hard work and dedication is very appreciated. - Mrs. VanderHaeghen

## ORCHESTRA NEWS — Lori Metzger

Congratulations to the Beginning Orchestra for a fantastic first concert! I'm very proud of all the work you have accomplished and I have received numerous compliments about your performance.

Congratulations also to the Advanced Orchestra for your performance at the Mistletoe Festival downtown. You were all very well behaved and performed wonderfully in the new space. I was very proud to represent you as your teacher.

There are three more performances coming up! The next is the **Intermediate Orchestra concert on Tuesday, December 5th at 7:00pm** in the East Gym. Students should be in the orchestra room at 6:15pm in concert attire with their instruments and music. The next performance is the **ESE performing at Brookdale Senior Living on Thursday, December 14th**. Students will eat lunch out in the world and perform for a very gracious audience, my grandma. The last performance of 2017 is the **Advanced Orchestra on Tuesday, December 19th at 7:00pm** in the East Gym. Students should be in the orchestra room at 6:15pm in concert attire with their instruments and music.

Keep practicing that Solo & Ensemble music, and Intermediate and Advanced Orchestra students will want to practice over Winter Break for their next seating chair audition.

-Mrs. Metzger

# Music Notes

CHOIR  BAND

ORCHESTRA

## CHOIR CANON — Jacqueline Darbro

The Eastwood Essentials Choir students should be very proud of a job well done. Please commend those beginning choir students on all that they have achieved in this first semester!

Reminder to all that the Cantabile (intermediate) Choirs concert is Tuesday, 12/5. The concert, as most Middle School concerts for MSDWT, begins at **7:00 pm**. ***However, students should arrive at 6:30. Doors for seating will open at 6:50.***

On the subject of concerts(!!!) The Espressivo Ensembles (advanced) will be performing on 12/12 (another Tuesday) downtown at the Arts Garden for the Mistletoe Festival. They will perform at 2:00 pm. This will be included in their summative exam along with their WINTER CONCERT on 12/19 at 7:00 pm. Again students will need to arrive at 6:30.

### PLEASE MAKE A NOTE:

- ALL STUDENTS SHOULD WEAR THEIR EWMS BLUE SHIRT AND BLACK PANTS/SKIRTS FOR CONCERTS.
- CONCERTS ARE ALMOST ALWAYS TUESDAYS @ 7:00 PM.
- STUDENTS WILL ALWAYS NEED TO ARRIVE BEFORE THE DOORS OPEN.
- I never go home before a concert and your student may stay and order pizza with me if they bring \$1.00 per slice prior to Block 1 on concert days.
- Intermediate concert 12/5
- Advanced concert 12/19

All my best in this winter season, and I wish you nothing but Joy and Happiness as we close out the year!

Best,

Mrs. Jacquie Darbro

# Busy PTO Bees



## Appreciate:

- Thank you to all who participated in our recent food drive! The EW community was able to help many families with food needs over the Thanksgiving break and upcoming winter break.
- Thank you to everyone who donated to the EW Bash Baskets and who attended or participated in the BASH. This event hosted by the Washington Township Advancement Center was a huge success and raised funds for that will go right back into school programs throughout the district.

## Update:

The EW PTO board recently went through the practice of reflecting on and updating the mission statement of the EW PTO. It now reads, "The mission of the Eastwood PTO is to support Eastwood Middle School and Washington Township families through grants, programs, and events that build a sense of community and foster holistic development for all students." Thank you for all that you do to help EW PTO fulfill this mission!

## Participate:

- December 15 - 8th Grade Dance!!! Your 8th grade will not want to miss this fun event! Tickets will be on sale during lunch the week of the dance.
- December 22 will be the annual staff breakfast. While students are sleeping in on their first morning of winter break, the staff will be at EW working hard, please help us provide them with a nice breakfast to start their day and let them know how much we appreciate all that they do! Look for the sign up genius to come out soon via email.
- BINGO!!! Make sure your calendar is marked for EW's first Bingo night on February 23rd at the K of C. This is an adult only event and will be a great time for fun and fundraising for our EW community. You won't want to miss this event!!

As you are shopping for your holiday meals and gifts, please make sure that you have registered your Kroger card so that Kroger can donate a portion of your purchases back to the EW PTO. It is simple to do and only takes a moment! Please follow these directions:

You can register to support our PTO with the shopping you already do everyday! If you have done this in the past you must re-register EVERY year. It cost our supporters nothing and only takes a few moments to register but it yields HUGE impact for the students and teachers at Eastwood.

Please take the time to register or renew your community rewards programs today. Kroger: [https://www.kroger.com/asset/vn\\_998d7e0c10dde8a6fe85da9d0da9084c/sw\\_english\\_spanish](https://www.kroger.com/asset/vn_998d7e0c10dde8a6fe85da9d0da9084c/sw_english_spanish) (follow the instructions and designate Eastwood Middle School PTO)

Thank you for all that you do to support your student and the Eastwood Middle School community. We wish you and your families the happiest of holidays!

Emily Kaiser and Gina Nass  
EW PTO Co-Presidents

# Teacher Tips

## BOARD GAME DONATIONS!

Do you have unwanted board games or card games sitting around the house, or out in the garage? We would love to put them to use. Please donate your games to Eastwood! During power of play in advisory, we often take kids outside for group interactions, but when it gets cold, that isn't an option. Playing a board game instills many of the qualities that we want to build as an MYP school like collaboration, strategy, and comradery. You or your student can bring the games to the student center. As always, we appreciate what you do for us here at Eastwood.

### Project LIT

During lunches on Wednesdays and Fridays the Project LIT book club is doing literature circles using the following books: Turtles all the way down, John Green; Sticks and Stones, Abby Cooper; Dear Martin, Nic Stone; March Book 1, John Lewis; Full Cicada Moon, Marilyn Hilton; Somewhere Among, Annie Donwerth-Chikamatsu; and Uprooted, Albert Marrin. The books were chosen by the kids and generous donations via Donor's Choose supplied the books.

The students involved have asked if teachers could be part of the club. If you have time and inclination to spend your lunch reading, please stop by. If you don't have time to join us but are interested in one of the titles there are copies available to borrow.

## Calling all photographers!

**Have you taken some amazing photos at events here at Eastwood this fall?**

**Are you a parent who likes to document each moment? We are looking for any and all photos of Eastwood happenings. Send your photos to [ewms.yearbook@gmail.com](mailto:ewms.yearbook@gmail.com) and you may see your candidate shots in the 17-18 yearbook!**

**If you have any questions, please contact Mrs. VanderHaeghen.**



### EASTWOOD BINGO NIGHT

When: Friday, February 23<sup>rd</sup> - 6:00pm-10:00pm

Where: Knights of Columbus

Have fun playing BINGO + raise money for Eastwood PTO!

Save the date ~ Registration info to follow.

Follow the EWMS  
Art Department happenings on  
Facebook and Instagram!

Facebook: [www.facebook.com/EWMSArtDept](http://www.facebook.com/EWMSArtDept)

Instagram: @ewmsartdept

### MATH STUDY TABLES

On Wednesday afternoons, at least one Math teacher will be on duty after school to help students struggling in Math.

The student must stay until 5:15pm and MUST have a pass to attend.

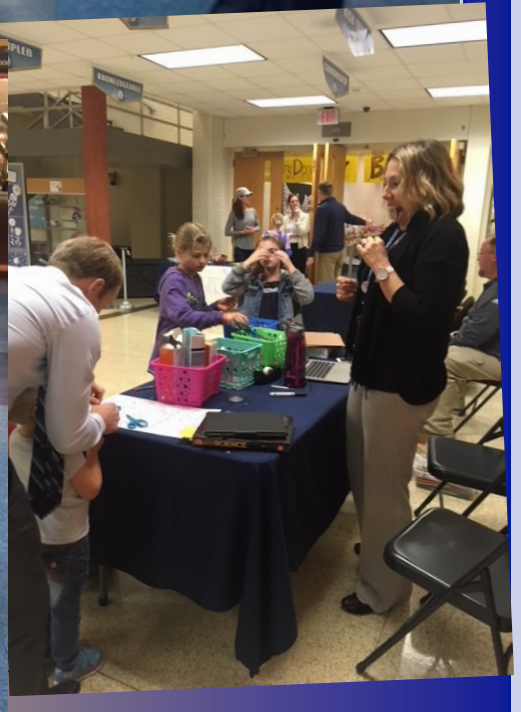
The teacher on duty will be announced weekly.

This is in addition to our morning study sessions!

- Your EW Math Team

# STUDENTS IN ACTION!

## EW Family Night fun!!



# STUDENTS IN ACTION!

## Eagles in the Classroom - Ms. McCoy

